Spartan Café
1501 West Townline, Creston, IA
Breakfast: 7am-10:30am
Lunch: 10:30am-4pm
Dinner 4pm-6:30pm

Breakfast - 2 Eggs, Hash Browns and Choice of Meat $3.85
Right Choice – Chef Salad $4.39 Grab N Go Cooler
Comfort Zone – Beef Goulash $3.45 with Garlic Bread $4.54
Melts N’ More – Spicy Chicken Sandwich $3.95
From the Grill – Mexi Burger $4.25 Hamburger with Pepperjack Cheese, Sautéed Onions & Peppers & Mexi Ranch Dressing
Stacker – Ham & Swiss Wrap $4.25

Monday

Breakfast- Sausage/Egg/Cheese Tornado $2.05
Right Choice- Grilled Chicken Salad $4.39 in Grab N Go Cooler
Comfort Zone- Ranch Chicken with Green Beans & a Dinner Roll $4.95
Melts N’ More – Rarebit Sandwich $3.95 a Hamburger with Sautéed Onions, topped with Cheese Sauce
From the Grill – Chipotle Black Bean Burger $4.50
Stacker – Grilled Madrid Hoagie $4.05 Salami/Ham/Provolone/Honey Mustard/Banana Peppers on a Hoagie

Tuesday

Breakfast – Ham & Egg Casserole $2.95 a flat scoop
Right Choice – Tuna Salad Plate $4.39 Grab N Go Cooler
Comfort Zone – Chicken Spaghetti Florentine $3.45 with Garlic Bread $4.54
Melts N’ More – Grilled Chicken Quesadilla $4.25
From the Grill – Bleu Cheese Burger $4.25
Stacker – Chicken Bacon Wrap $5.35

Wednesday

Breakfast- Omelets $3.95
Right Choice – Chicken Salad Plate $4.39 in Grab N Go Cooler
Comfort Zone – Chicken Lo Mein $3.45 with 1 Egg Roll $4.60
Melts N’ More – Country Fried Steak Sandwich with Grilled Onions & Cheese $4.25
From the Grill – Chili Cheeseburger $4.25
Stacker- Turkey Bacon Ranch Wrap $4.75

Thursday

Breakfast- Pancakes $1.95 for 2
Right Choice- Turkey Wrap $4.25
Comfort Zone – Chicken Parmesan over Pasta $4.45 with Garlic Bread $5.54
Melts N’ More – Grilled Ham & Cheese Sandwich $3.95
From the Grill – Chili Cheese Dog $3.25
Stacker – Veggie Wrap $4.25

Soup of the Day
Monday
Potato
Tuesday
Chili
Wednesday
Chicken Vegetable
Thursday
French Onion
Friday
Cooks choice

Week of February 28, 2011
WE take pride in serving you, innovative, quality food at a good value
Questions, comments, suggestions, contact us at foodservices@swciowa.edu,
Phone 641-782-1344 Sue Schipper chef/manager

No Checks Accepted

Everyday- Garden spot
Build your own salad for only .42 cents an once
Choice of side are fries, fruit, vegetables